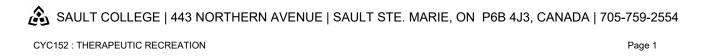


COURSE OUTLINE: CYC152 - THERAPUTIC REC

Prepared: CYC Faculty

Approved: Karen Hudson, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	CYC152: THERAPEUTIC RECREATION			
Program Number: Name	1065: CHILD AND YOUTH CARE			
Department:	CHILD AND YOUTH WORKER			
Academic Year:	2023-2024			
Course Description:	Therapeutic Recreation is designed to familiarize the student with a wide range of therapeutic recreational activities and the use of same in achieving identified goals for general and/or specific client populations. Emphasis is placed on providing clients with opportunities for personal growth and development through therapeutic recreational experiences.			
Total Credits:	3			
Hours/Week:	3			
Total Hours:	42			
Prerequisites:	There are no pre-requisites for this course.			
Corequisites:	There are no co-requisites for this course.			
Substitutes:	CYW131			
Vocational Learning Outcomes (VLO's) addressed in this course: Please refer to program web page	1065 - CHILD AND YOUTH CARE			
	VLO 1 Develop and maintain therapeutic relationships with children, youth and their families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs			
for a complete listing of program outcomes where applicable.	VLO 2 Assess the strengths, developmental and holistic needs of children, youth and their families, using methods grounded in theoretical frameworks, research and therapeutic practices, to develop care and intervention plans.			
	Use equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based frameworks, as well as cultural humility, to create positive and sustainable solutions and respond to inequities and to systemic barriers experienced by children, youth and their families.			
	O 6 Employ communication, collaboration and relational skills with the inter-professional team and with community partners to ensure and enhance the professionalism of practice.			
	O 7 Engage in self-inquiry, relational inquiry and critical reflection to develop strategies for learning and the practice of self-care, as a practitioner.			
	0 Practice in a variety of contexts and settings, respecting needs for developmental growth, safety, wellbeing and agency, while addressing the varying age and developmental ranges of children, youth, and their families.			
Essential Employability Skills (EES) addressed in this course:	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.			



	EES 4 A EES 7 A EES 8 S EES 9 In ru EES 10 M	5				
Course Evaluation:	Passing Grade: 50%, D A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.					
Books and Required Resources:	Time In: An Introduction to Therapeutic Activity Programming and Facilitation by Michael Burns Publisher: Child Care Press Edition: current					
Course Outcomes and	Course O	utcome 1	Learning Objectives for Course Outcome 1			
Learning Objectives:	1. Apply pr relational p recreationa experience	rinciples of oractice to al activities and es.	 1.1 Plan and implement recreational activities that develop and maintain therapeutic relationships and promote optimal growth and development. 1.2 Demonstrate consideration, attention to safety, trust, presence and empathy relative to therapeutic recreational activities. 1.3 Promote resilience by identifying strengths and needs and encouraging participants to identify same in self. 1.4 Use empowerment strategies to support the development of decision making and independence through recreational activities. 1.5 Interact in a professional manner as guided by the professional code of ethics, current legislation affecting services, and organizational policies and procedures. 1.6 Evaluate recreational interactions and progress with the client and relevant others, on an on-going basis, making adaptations where necessary. 			
	Course O		Learning Objectives for Course Outcome 2			
	developme environme emotional, health fact	ntal, physical, social and mental	 2.1 Assess, in collaboration with relevant others, the cultural, developmental, and social needs of individuals and groups in the context of their current recreational environments. 2.2 Plan and implement selected strategies to meet client needs within the context of their current recreational environments. 2.3 Evaluate the results of implemented strategies and make necessary adaptations which facilitate positive change. 2.4 Utilize therapeutic recreational environments to maximize learning and growth for children and youth. 			

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			2.5 Demonstrate the use of anti-oppressive, equitable and inclusive approaches in planning recreational programs and activities.			
	Course Outcome 3		Learning Objectives for Course Outcome 3			
	3. Interact with others in groups or teams in ways that contribute to effective working relationships and goal attainment. This will include a demonstrated willingness to consider the viewpoints of others and to provide support and feedback in all aspects of the course.		 3.1 Interact with others in ways that enhance relationships and promote engagement. 3.2 Demonstrate capacity to assume various roles within a group, including leader, facilitator, participant and peer-evaluator. 3.3 Demonstrate the ability to give and receive feedback in ways that enhance professional performance. 			
	Course Outcome 4		Learning Objectives for Course Outcome 4			
	4. Communicate clea concisely, and correc the written, verbal, a visual form that fulfill purpose and the nee the audience.		purpose and 4.2 Incorpora 4.3 Produce r chosen forma 4.4 Use langu purpose.	te content that is meaningful and necessary. material that conforms to the conventions of the		
Evaluation Process and Grading System:	Evaluation Type	Evalu	ation Weight			
	Assignments	60%				
	In Class Assignments	20%				
	Tests	20%				
Date:	June 27, 2023					
Addendum:	Please refer to the course outline addendum on the Learning Management System for further information.					

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